

KATE KLEMER DC, RCST
Divine Structure Trainings and Practice
CURRICULUM VITAE

EDUCATION

Approved Teacher Training: Biodynamic Craniosacral Therapy Association of North America: **BCTA/NA 2003- 2013**

- **Assistant taught 3 full 700 hour Biodynamic Craniosacral Therapy Foundational Trainings**

B.C.S.T., R.C.S.T./ Registered Craniosacral Therapist 1998 - 2001

American School for Energy Therapies, Watertown, MA

- 700 Hour training with British Osteopath's: Michael Kern, Katherine Ukeja and pre and perinatal therapist Scott Zamrut

D.C./ Doctor of Chiropractic 1984 -1988

Western States Chiropractic College, Portland, Oregon

A.A./Associate in Arts 1982 - 1984

Holyoke Community College, Holyoke, Massachusetts

Liberal Arts University of Massachusetts at Amherst 1981 - 1982

PROFESSIONS

Doctor of Chiropractic/ D.C.

- Practice Associate Doctor for Dr. Steve Owens, West Hartford, CT 1988 - 1989
- Clinical Wellness Practice Northampton, Massachusetts 1989 - present
- Clinical Wellness Practice, New York, NY 2007-2012
- Development of Wellness Method combining: Structural Work on the Body, Biodynamic Craniosacral Therapy, and Genetic

Nutritional Applied Kinesiology, to educate and empower patients about functional health

- Directed a multidisciplinary clinical practice with Medical Doctor/ Homeopaths, Acupuncturists, Massage Therapists, Physical therapists, Licensed social Workers, Pilate's Mat Teachers, Rolfers, and Naturopaths.

Teacher

- Divine Structure Biodynamic Craniosacral Therapy Foundational Trainings, Intro Courses, and Living Anatomy Course: As Approved Teacher of the BCTA/NA: Biodynamic Craniosacral Therapy Association of North America 2013- present
- Nutritional Kinesiology Courses 2009 to present
- Assisted Michael Kern Osteopath, Teacher, Author, ND, and founder of the Craniosacral Therapy Education Trust In London, England
 - 1.) Biodynamic Craniosacral Foundation Training 2003 - 2005 Northampton, Massachusetts
 - 2.) Biodynamic Craniosacral Visceral Training 5 days 2004 Plainfield, Massachusetts
- Taught Introductory Biodynamic Craniosacral and Kinesiology Workshop 2007
- Assisted Cherionna Menzam- Sills PhD., OTR, RCST, LMT, and Continuum Teacher
 - 2 Foundational Trainings Biodynamic Craniosacral Therapy 2007- 2013
- Assisted Franklyn Sills, Biodynamic Craniosacral Teacher and Author 2009
- Assisted Katherine Ukleja Visceral 5 Day Biodynamic Craniosacral Graduate Course

- Assisted Brigit Viksnins Alchemical Alignment™ Bodywork for Trauma Resolution and Embodiment of Spirit 3 module

Administrator

- Course Organizer/Administrator Northampton, Massachusetts 2003 - 2005 for Author, Teacher, Osteopath, and Naturopath: Michael Kern

PUBLIC SPEAKING

- Breath of Life Conference Ghost Ranch, New Mexico 2016: Gut Brain Axis
- Breath of Life Conference Maryland 2018: Concussions and Biodynamic Craniosacral Therapy
- Monthly blogs on: 1991 - present
 - detoxification of the liver and digestive system
 - women's health
 - fibromyalgia
 - back pain
 - healthy eating
 - headaches/TMJ
 - mind body medicine
 - applied kinesiology
 - candida, dysbiosis, and how that relates to fatigue, skin issues, headaches, sinusitis, mental fog, joint pain, muscle pain, and auto-immune issues/pre - disease states
 - why is it important to control your blood sugar and how to do that
 - asthma prevention
 - chronic disease prevention/wellness for cancer, heart disease, and diabetes
 - spinal health
 - food and lifestyle choices
 - vertigo, dizziness, and tinnitus

- what happens to our physiology with trauma and how craniosacral can help heal that

PUBLICATIONS/PRESS

- Ryan Halford Craniosacral Podcast Episode 82.
- Article Many Hands Magazine: Biodynamic Craniosacral Therapy, what is it?
- Radio Show 103.3FM Northampton: Cranial work introduction and history 2007
- Article Curve Magazine; What is craniosacral therapy? By Stephanie Schroeder 2008
- www.drkateklemer.com/blog : health issues treated with alternative medicine, health politics, wellness education, and stories present
- Facebook page Divine Structure Practice and School

TRAININGS, CERTIFICATIONS,WORKSHOPS

- Upledger Institute Intro to Craniosacral with Clyde Ford,D.C. 1987
- Sacro - occipital Technique @ Western States Chiropractic College 1987
- Active Release Technique Boston and Chicago 2018
- Gonstead Technique @ Western States Chiropractic College 1987
- Nasal Specifics Course with Dr. Stauber, D.C., N.D. 1986
- Whiplash and Spinal Trauma Seminar 1991
- Cox Flexion Distraction Technique, Dr. Cox, D.C. 1992, 2016
- Rosalyn Bruyere Healing Intensive trainings 1992 - 1994
- Cranial course taught by British Osteopath's 5 days in London 1998
- Dr J Dunn Wholistic Methylation Genetic Nutrition 2016-present
- Multiple Nutritional Kinesiology and herbal seminars with:
- Dr. Anderson, Dr. Versendaal, Dr. Brimhall, Dr. Haywood, Dr. Bone 1992 - present
- Franklyn Sills 5 day advanced Craniosacral training NYC 2007

HONORS/AWARDS

- Amherst Regional High School State Champion Basketball Player
- Amherst Regional High School Awarded Class Athlete
- Dean's List Holyoke Community College, Pre -Med/Chiropractic curriculum
- Valley Advocate Best Chiropractor Readers Poll, Northampton, Massachusetts

STATE LICENCES

- Connecticut
- Vermont
- New York
- Massachusetts (active)