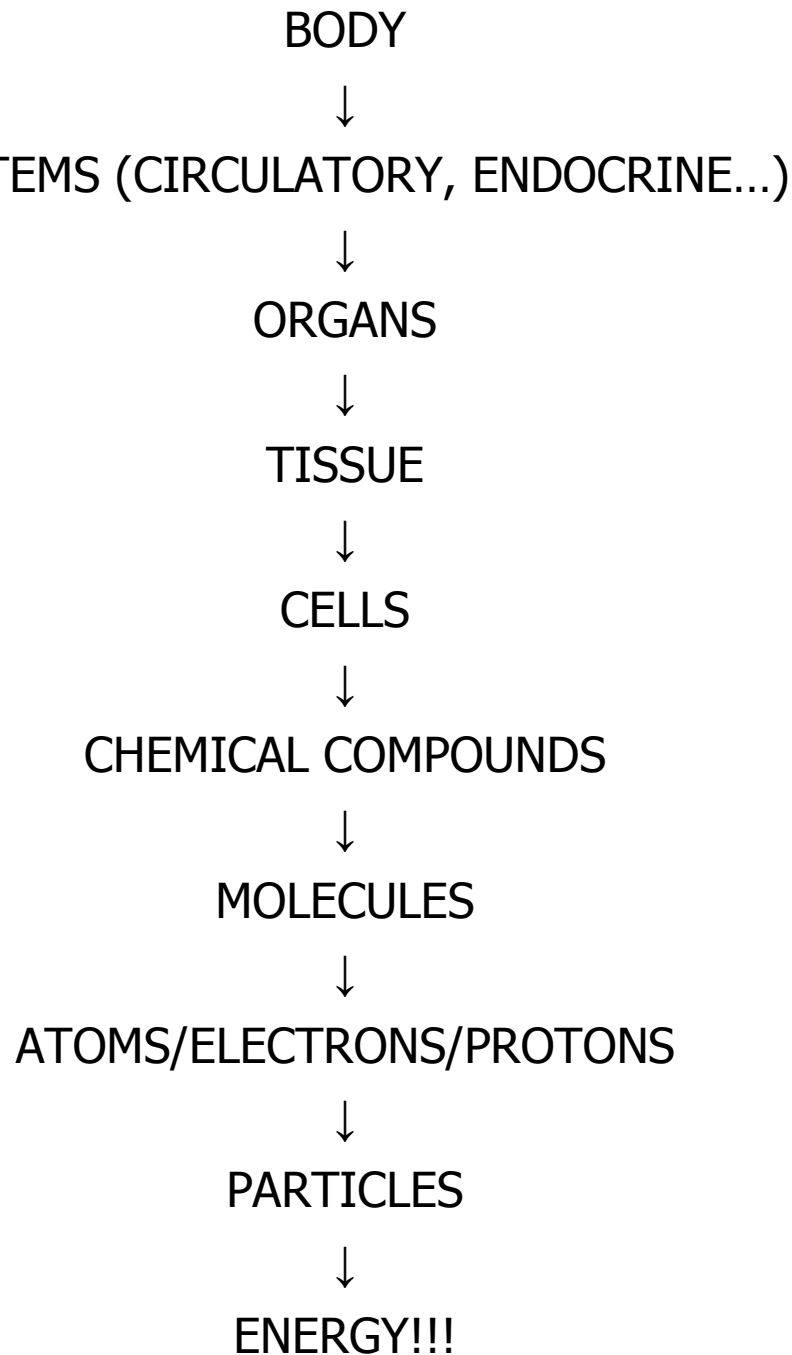


**HERE ARE SOME ENERGY PRINCIPLES  
WITHIN THE BODY:**



Electricity is responsible for the structure of the atom and the functioning of the brain.

This is an electrically-based principle:

## **THIS IS WHAT HAPPENS WHEN YOU TEST A MUSCLE IN APPLIED KINESIOLOGY**

A strong muscle is established ("indicator muscle")



The muscle connects to a nerve



The nerve goes into the spinal cord



This goes to the brain.

The spinal cord and central nervous system are similar to the hard drive on a computer: they direct the body to do its job. This is where the intelligence of your body begins.



The nerve message is sent back out to the muscle.



The muscle fires.



The health professional points to a reflex point (this is derived from acupuncture which dates back to approximately 4500 B.C.)



This makes a closed circuit and if the energy is imbalanced...



...the indicator muscle is *weak* no matter how hard the patient tries to contract the muscle.



This indicates an area where the body needs support